

Health links to chains of energy

Could a pendant really help you function at peak performance? **STEPHEN FENECH** believes so

The development of technology has been well documented in this liftout. And mostly it is used for our communication and entertainment needs. But what about a type of technology that's good for you? That can improve your health and wellbeing?

In March last year *Connect* featured an article about a pendant called the QLink.

The pendant contains SRT, which is short for Sympathetic Resonance Technology, and it is designed to help your body cope with stress. This is significant when you consider that many health problems in developed countries are stress-related.

And stress is not just about being stuck in traffic, running late for an appointment or putting up with a heavy workload.

The computers in our homes and offices, along with the mobiles phones which virtually everyone owns, emit frequencies and electromagnetic energy that can have an impact on the body's natural energy fields.

Prolonged exposure can leave us feeling drained at the end of a long day.

Scientists at the US National Institute of Health established the term "human biofield" when it was proven that a complex electrical energy system surrounds the body and other physical objects.

What SRT does is act like a tuning fork to align your body's energy fields and ensure they are in balance.

When this is achieved your body's ability to cope with stress is heightened and it can therefore operate at its optimum level.

SRT is the brainchild of American Robert Williams and the result of more than 17 years of research and development at institutions including the University of California, Stanford University, Imperial College in the UK, the University of Vienna and the University of Wollongong.

Williams, a former saxophone player with The Beach Boys, says the QLink is a device that is designed to enhance people's lives.

"There is a field of intelligence that is non-physical and is actually more fundamental than atoms," he says.

"The further down you go to an atom, the area between a nucleus of a hydrogen atom and its electron is 99.99 percent space.

"The nucleus would be like a golf ball at the centre of a baseball stadium and the electron would be like a little bug out in the far bleachers.

"With SRT we can clarify the connection between the physical and non-physical."

Testimonials from thousands of QLink wearers around the world have said they now have fewer headaches, better sleep, increased focus and concentration, more energy and better sports performance.

The QLink pendant is also very popular among golfers who find they can stay focused on the course for longer as a result.

Champion golfer Ernie Els heard about the QLink pendant in 2002. After he started wearing it he went on to win six tournaments in a row, including the British Open and the World Matchplay championship.

Next year a line of QLinks for pets and children will also be introduced.

Clarus, the company behind the QLink, is taking its SRT technology a step further and applying it to areas such as agriculture, audio and video mastering, mobile phones, batteries and

Like a tuning fork . . . QLink technology helps seeds grow quicker and batteries last longer



scientific research and testing equipment. A clinical trial with echinacea, perilla, pak choi and basil seeds processed with SRT showed improved signs of growth with increased yields up to 30 per cent.

The study found the seeds grew quicker and more healthily.

Tests on normal household batteries were also conducted, with surprising results.

"We got a bunch of batteries and processed them with SRT and sent them off for testing and found the batteries lasted longer," Williams says.

"The way the energy is stored is enhanced. There is more efficiency and it takes less energy to do the same thing which is why they lasted longer."

With a musical background, Williams decided he would try to see what effect SRT would have on magnetic audio tape.

"We processed magnetic tape and we found the sound was better," he says.

"The magnetic oxide somehow held more information. We don't know exactly why, we weren't audio engineers, but a lot of people heard a difference."

But convincing his friends in the music industry to allow their master recordings to be treated with SRT proved difficult because they were afraid they would be damaged.

Williams also reports positive results with inks, with the resulting prints looking more warm and vibrant when compared to results from non-treated ink.

Williams says even silicon, a common substance used in computer chips which resides inside virtually every gadget, can be made more efficient with SRT.

"We're just scratching the surface," he explains.

"The company's goal is to have 1 per cent of the population of the world population involved with a product or service that has SRT.

"I think that we can achieve that.

"We are on our way."

QLink pendants are priced from \$198 and come with a 100-day money back guarantee.

□ qlink.com.au or 1800 175 465

□ Stephen Fenech bought his own Q-Link in March 2004 and still wears it today.



cutting edge

> find a winning position

You'll always know where you're going when you have the Mio 268 by your side.

The compact GPS (global positioning system) navigation device gives you turn-by-turn directions throughout Australia.

The *Daily Telegraph* is giving *Connect* readers the chance to win one of three Mio 268s. This nifty device spells an end to the days of thumbing through that dog-eared street directory as impatient drivers behind you sound their horns. The entire map of Australia comes preloaded on the 512 MB



SD card, with more than 280,000 points of interest. Some of these points include car parks, restaurants, tourist attractions, recreational facilities and speed camera alerts.

The device has a built-in GPS antenna, and a touch screen to assist you in entering destination information. It can be used in a car, on a bicycle, and when the user is on foot.

The Mio 268 also doubles as an MP3 player so you can listen to your favourite music wherever you go. All you need to do is insert an SD card and press play. The Mio 268, provides 4½ hours of navigation on a single charge.

To be in the running to win this fabulous prize, just tell us what GPS stands for. Send your answer along with your name, address and contact telephone number to promotions@dailytelegraph.com.au with Mio 268 in the subject line.

Only one entry per reader will be accepted, multiple entries from the same person will rule them out of the competition. Entries will be accepted until 11pm today. For full terms and conditions turn to the public notices section of today's *The Daily Telegraph*.

> they have the technology

It probably comes as no surprise, but young people are using more technology to communicate than ever before.

A survey by Forrester Research conducted among more than 5000 US and Canadians between the ages of 12 and 21, uncovered some startling results.

It found that 87 per cent of 15 year olds use SMS messaging, while almost half of 12 to 14 year olds own a mobile phone.

And 83 per cent of youth use instant messaging as opposed to just 32 per cent of online adults.

In the 12 to 21 age bracket, 25 per cent of consumers said they planned to purchase an MP3 player within the next year.

On average, these consumers spend nearly 11 hours per week online, with one in five of the youngest of this group each spending 20 hours or more per week online.

Of boys between the ages of 12 and 17, 88 per cent own a game console. In the same category only 63 per cent of girls own a game console. The survey showed 55 per cent of boys would rather play games than watch TV.

Another surprising find was how strongly word of mouth guided youth in their purchases. Of those youth surveyed, 52 per cent said they relied on recommendations from friends or family before buying a product.

